

# ★ Gender 101

The Basics

# ★ Gender vs. Sex

- Gender

- Internal, one's identity
- Has nothing to do with biological sex or sexual orientation

- Sex

- Anatomical

# ★ Gender Identity

The self-perception of an individual's gender, and how they label themselves.

# ★ Gender Expression

1. The external display of gender, through a combination of dress, demeanor, social behavior, and other factors, general measured on a scale of masculinity and femininity.
2. The way one presents/performs gender externally.  
Ex: femme, butch, androgynous, feminine, masculine, etc.

# ★ Gender Roles

Cultural and personal traits that determine how one thinks, speaks, dresses, and interacts within the context of society.

## ★ The Gender Binary

A traditional, and outdated, view of gender limiting the possibilities to “man” and “woman”

# ✦ Agender

A person who doesn't identify as having a gender

Identifying as the above term has nothing to do with biological sex, or sexual orientation.

# ★ Bigender

A person who identifies with two genders

Identifying as the above term has nothing to do with biological sex, or sexual orientation.



# ✦ Cisgender

A person whose gender is the same as their biological sex that was assigned at birth.

Identifying as the above terms has nothing to do with sexual orientation.

# ★ Genderfluid

Someone whose gender identity fluctuates on the gender spectrum

Identifying as the above term has nothing to do with biological sex, or sexual orientation.

# ✦ Genderqueer

A blanket term used to describe people whose gender does not align with the gender binary

Identifying as the above term has nothing to do with biological sex, or sexual orientation.

## ✦ Intersex

A person with a set of sexual, hormonal, genetic, and/or anatomic traits that don't fit the standard medical definitions of female or male (Ex: XXY chromosomes, phenotype, uterus, and penis)

Identifying as the above term has nothing to do with sexual orientation.

# ★ Non-Binary Gender

A concept used to describe a continuum of an infinite variety of genders

(Ex: genderqueer, genderfluid, agender, transgender, etc.)

Identifying as the above term has nothing to do with biological sex, or sexual orientation.

# ✦ Multi-Gender

Social system in some cultures that recognize three or more genders

Identifying as the above term has nothing to do with biological sex, or sexual orientation.

# ✦ Transgender

An umbrella term for those whose gender does not align with the sex they were assigned at birth

Identifying as the above terms has nothing to do with sexual orientation.

# ✦ Transsexual

A specific term for a person whose primary sexual characteristics conflict with their gender identity

Identifying as the above terms has nothing to do with sexual orientation.



# ★ Trans Women      Trans Men

Transsexual people who identify as women, and were not assigned female at birth

Transsexual people who identify as men, and were not assigned male at birth

Identifying as the above terms has nothing to do with sexual orientation.

“Male to Female”

“Female to Male”

Typically used in reference to transsexual people to describe transmen and transwomen

Identifying as the above terms has nothing to do with sexual orientation.

AMAB

★ AFAB

“Assigned Female At Birth”

Medical term

“Assigned Male At Birth”

Medical term

Applies to all gender identities as a designation on original birth certificate

Identifying as the above terms has nothing to do with sexual orientation.

# ★ Two-Spirit

The umbrella term for a wide range of non-binary, culturally recognized gender identities and expressions among Native American (First Nations) peoples

(Identifying as Two-Spirit when one is not a Native American (First Nation) person is disrespectful)

Identifying as the above term has nothing to do with biological sex, or sexual orientation.

## ✦ Disclaimer

All the above definitions are subjective  
No definitions are absolute

# ★ Definitions Revised From:

- <http://itspronouncedmetrosexual.com/2013/01/a-comprehensive-list-of-lgbtq-term-definitions/>
- <http://depts.washington.edu/qcenter/wordpress/resources/working-glossary-of-terms/>
- <http://www.urbandictionary.com/define.php?term=gender+fluid>
- <http://dictionary.reference.com/browse/gender+role>
- <http://genderqueeries.tumblr.com/identities>