Course Discipline Code & No: DAN 223	Title: Dance Exercise II	Effective Term FA09
Division Code: HSS	Department Code: PERD	Org #:
Don't publish: College Catalog	☐Time Schedule ☐Web Pag	e
Reason for Submission. Check all that apply. New course approval Three-year syllabus review/Assessment in Course change	□ T .: .: .(c)	f inactive course ubmit this page only.)
Change information: Note all changes tha	are being made. Form applies only	to changes noted.
Consultation with all departments affected required. Course discipline code & number (was*Must submit inactivation form for previous Course title (was X Course description X Course objectives (minor changes) Credit hours (credits were:	Distribution of lecture:	essment luation
Rationale for course or course change. Atta Minor changes as course has developed Approvals Department and divisional signatures		
Department Review by Chairperson		evant departments consulted
Print: <u>Laurice Anderson</u> Faculty/Preparer	_ Signature Jaurell Muy	lun Date: 7/20/2009
Print: <u>Tracy Komarmy</u> Department Chair	Signature han for	Date: 7/20/2009 Date: 7/20/2009
Division Review by Dean		
Request for conditional approval Recommendation Yes No De	un's/Administrator's Signature	JUL 3 0 2009 Date
Curriculum Committee Review Recommendation Tabled Res No	rculum Committee Chair's Signature	79/10
Vice President for Instruction Approval	President's Signature	3-12-10 Date
Approval Yes No Conditional		
Do not write in shaded area. Intered in: Banner C&A Database	Log File 8 3 10 2 Basic skills spreadsh	eet updated Contact fee

Please return completed form to the Office of Curriculum & Assessment.

*Complete ALL sections w	hich apply to the co	ourse, even	if changes are not be	eing made.	
Course:	Course title:				
DAN 223	Dance Exercise II				
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Credit hours: 1	Contact hours per s	emester:	Are lectures, labs, or	r Grading option	ns:
If variable credit, give range:	Student	Instructor	clinicals offered as separate sections?		ed to clinical & practica)
to credits	Lecture:	_	Yes - lectures, labs,		arses numbered below 100)
	C1: 1. 1		or clinicals are		•
	Practicum:		offered in separate sections	A Letter grade	3
	Other: _30	30	X No - lectures, labs,		
	Totals: 30	30	or clinicals are		
			offered in the same section	2	
			section		
Prerequisites. Select one:					
College-level Reading & Writing	ng	ced Reading/	Writing Scores	X No Basic Sk	tills Prerequisite
		information at Le			nd Writing is <u>not</u> required.)
			,		. ,
In addition to Basic Skills in R	eading/Writing:				
Level I (enforced in Banner)					
Course	Grade	Test		Concurrent	Corequisites
				Enrollment	(Must be enrolled in this class
			(<u>Can</u> be taken together)	also during the same semester)
and or					
and or and or					
T1 TT / C 1 1 i	· 'C+ 1 C -1\				
Level II (enforced by instructor o	n first day of class) Course		Grade	Test	Min. Score
	Course		Grade	Test	Min. Score
and or					
Enrollment restrictions (In add	ition to prerequisites, if	applicable.)			
☐and ☐or Consent required	☐and ☐	or Admission	to program required	□and □or (Other (please specify):
•					
Di	- C1C				
Please send syllabus for trans Conditionally approved courses		tion			
Insert course number and title y					
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Course	Course title			
DAN 223	Dance Exercise II			
Course description State the purpose and content of the course. Please limit to 500 characters.	This is a continuation of an activity class in which students explore diverse dance-related exercises and techniques. Students will perform a higher level of exercises with increased intensity for the development of physical flexibility, mobility and strength. Students will learn the connection between exercise and health.			
Course outcomes	Outcomes	Assessment		
List skills and knowledge	(applicable in all sections)	Methods for determining course effectiveness		
students will have after taking the course.	Students will describe the exercises presented and how they relate to their own health	Department review of exercise notebook		
Assessment method				
Indicate how student achievement in each outcome will be assessed to determine student achievement for purposes of course improvement.	Students will demonstrate safe and correct exercises and techniques presented in the course	2. Department review of videotape		
Course Objectives Indicate the objectives that support the course outcomes given above. Course Evaluations Indicate how instructors will determine the degree to which each objective is met for each student.	Objectives	Evaluation		
	(applicable in all sections)	Methods for determining level of student performance of objectives		
	Demonstrate proper exercise procedure in order to reduce injuries	1. In-class evaluation and notebooks		
	2. Demonstrate correct methods of specific exercises	2. In-class evaluation		
	3. Discuss and interpret personal exercise needs and goals	3. Notebooks		
	4. Develop individual exercise program	4. Notebooks		
	5. Apply the information learned in the course to the exercises	5. In-class evaluation		

List all new resources needed for course, including library materials.

Student Materials:

List examples of types		Estimated costs
Texts	Notebooks	\$ 2.00
Supplemental reading		\$ 0.00 (use existing wardrobe)
Supplies	Comfortable exercise clothes	\$ 0.00 (use existing wardrobe)
Uniforms		
Equipment		
Tools		
Software		

MASTER SYLLABUS

Equipment/Facilities: Check all that apply. (All classrooms have overhead	d projectors and permanent screens.)
Check level only if the specified equipment is needed for all sections of a	Off-Campus Sites
course.	Testing Center
Level I classroom Permanent screen & overhead projector	Computer workstations/lab
	□ITV
X Level II classroom Level I equipment plus TV/VCR	X TV/VCR
	Data projector/computer
Level III classroom Level II equipment plus data projector, computer, faculty workstation	X Other Room ML 158 only

Assessment plan:

Learning outcomes to be assessed (list from Page 3)	Assessment tool	When assessment will take place	Course section(s)/other population	Number students to be assessed
1. Students will describe the exercises presented and how they relate to their own health	Exercise notebook	Winter 2012 Every 3 years after	50% of sections offered, with a minimum of one section	All students from randomly selected sections
2. Students will demonstrate safe and correct exercises and techniques presented in the course	Videotape	Winter 2012 Every 3 years after	50% of sections offered, with a minimum of one section	All students from randomly selected sections

Scoring and analysis of assessment:

1. Indicate how the above assessment(s) will be scored and evaluated (e.g. departmentally developed rubric, external evaluation, other). Attach the rubric.

Outcome #1—departmental review of student's self-reported, exercise notebook Outcome #2—departmental review of videotape of class work at end of term

2. Indicate the standard of success to be used for this assessment.

Outcome #1 -- Seventy percent or more of all students are able to explain correct procedure at the level of adequate or above for 10 exercises, as well as what body area(s) benefit from these exercises

Outcome #2 -- Video assessment by departmental faculty of five specific exercises must show 70% or more of students are adequate or above

3. Indicate who will score and analyze the data.

Full-time Performing Arts faculty will blind score when possible

4. Explain the process for using assessment data to improve the course.

Tri-annual departmental discussion of analysis